Arkansas

Legend:  = Covered  = Coverage Varies  = Not Covered

Medicaid Coverage

Arkansas Medicaid, through its Tobacco Cessation Program, covers:

Nicotine Gum  Nicotine Inhaler  Individual Counseling
Nicotine Patch  Varenicline (Chantix)  Quitline
Nicotine Nasal Spray  Bupropion (Zyban)
Nicotine Lozenge  Group Counseling

Nicotine gum, nicotine patch, Chantix, and Zyban are covered. Individual counseling is covered, but group counseling is not. Two courses of treatment, lasting 93 days each, are covered per year. Pregnant women get 4 courses of treatment with no limits on duration. Prior authorization required for NRT and medications. Counseling by prescriber required to obtain PA coverage of products.

For more information, please call the Arkansas Medicaid office at 501-682-8501 or 800-482-5431, or visit their website at https://medicaid.mmis.arkansas.gov/

Note: the Affordable Care Act requires all Medicaid programs cover all tobacco cessation medications beginning January 1, 2014. If a medication is marked here as not being covered, there is not yet evidence that Medicaid has complied with this requirement. Patients should call their Medicaid program and ask how to receive these medications. Note: Coverage of tobacco cessation treatments may be different for higher-income Medicaid members enrolled in plans through the Arkansas Health Insurance Marketplace. Patients in these plans should contact their insurance company to determine what is covered for them.

Health Insurance Marketplace Coverage

All plans in the Health Insurance Marketplace are required to cover tobacco cessation treatment. Specific coverage varies by plan. Check with your insurance plan to find out what is covered.

State Employee Health Plan Coverage

ARBenefits, through its Tobacco Cessation Program, covers:

Nicotine Gum  Nicotine Inhaler  Individual Counseling
Nicotine Patch  Varenicline (Chantix)  Phone Counseling
Nicotine Nasal Spray  Bupropion (Zyban)  No Tobacco Surcharge
Nicotine Lozenge  Group Counseling
Nicotine patch, bupropion, and Chantix are covered. No copayments are required for medications. Enrollment in the ARBenefits Tobacco Cessation Program is required to receive bupropion and Chantix.

For more information, please call the Arkansas Employee Benefits Division at 501-682-9656, or visit their website at http://portal.arbenefits.org/Pages/default.aspx

Private Insurance Coverage

This state does not require private health insurance plans to cover cessation treatments. Cessation coverage in private health insurance plans varies by employer and/or plan. Smokers with this type of health insurance should contact their insurance plan for information on cessation benefits.

Quitline

Contact Information: 1-800-QUIT-NOW; 1-866-NOW-QUIT; http://www.stampoutsmoking.com/

Hours: 24 hours, Monday-Sunday

Eligibility to recieve counseling: All tobacco users 13 and older. For medication: tobacco users 18 and over who are ready to quit within 30 days.

Medications provided:
- Nicotine Gum
- Nicotine Patch
- Nicotine Nasal Spray
- Nicotine Lozenge
- Nicotine Inhaler
- Varenicline (Chantix)
- Bupropion (Zyban)

(Source: North American Quitline Consortium, www.naquitline.org)

American Lung Association Resources

The American Lung Association of Arkansas provides smoking cessation services statewide. Options include Freedom From Smoking® Online, a free program available 24/7 athttp://www.ffsonline.org and the American Lung Association's Lung HelpLine (800-LUNG-USA). For further information, please call 870-489-1470 or visit us online at http://www.breathehealthy.org.

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